Plant for Pollinators

Here are some ideas to attract pollinating insects to your garden
Foodplants for some of the UK moth caterpillar species include:

Bedstraws, Cleavers for **Hummingbird Hawkmoth**
Comfrey for **Scarlet Tiger**
Fuscia for **Elephant Hawkmoth**
Heathers for **True Lovers Knot**
Honeysuckle will attract **Early Grey and Twenty Plume Moth**
Marjoram will attract **Mint Moth**
Yarrow for Tawny **Speckled Pug**
Nectar for Butterflies

Butterfly Conservation list these plants as being very good for butterflies. They look good too!

Buddleia
Lavender
Perenniel Wallflower
Marjoram
Verbena bonariensis

Gardens can act as nature reserves by offering abundant supplies of nectar and food plants
Plants for Bees

While most bees will use a variety of flower types and shapes to obtain nectar and pollen, some bee species like certain plants. For example:

**Tawny Mining bee**
likes early flowering shrubs, dandelions and buttercups

Germander Speedwell, Daisy, dandelions and forget-me-nots are a favourite of the **Red-Girdled Mining bee**

**Wool Carder bee**
‘Lamb’s Ear’ and Woundwort
Plants for Bees

The Hairy-Footed Flower Bee will visit many flowers, such as Primrose and Lungwort.

Clovers and Vetches are important flowers for the Long-Horned bee.

Some Leaf-Cutter bees will use the leaves or petals of roses, Alamanchier, honeysuckles and Lilac to plug the cells of their nests.
Attracting insects is good for the environment and our wellbeing.

Remember, it is helpful to have a variety of flowers throughout the year.

Leave an area of your garden ‘wild’ to allow insects a lifecycle.
Further Information:

Helpful websites: visit the website https://butterfly-conservation.org/sites/default/files/moth-foodplant.pdf for a full list.

Visit the website https://www.rhs.org.uk/science/conservation-biodiversity/wildlife/plants-for-pollinators

Visit the website https://www.wildlifetrusts.org/actions/best-plants-bees-and-pollinators

Book Suggestions:

Gardening For Bumblebees, A Practical Guide to Creating a Paradise for Pollinators by Dave Goulson

Published by Vintage Publishing